

# American Drug Testing

*Drug-Free Workplace Programs*

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## DRUG-FREE WORKPLACE ADVISOR

AN ONGOING SERIES TO PROTECT YOUR COMPANY BY HELPING TO KEEP DRUGS OUT OF YOUR WORKPLACE.

### What are Benzodiazepines, and what are the dangers?

Benzodiazepines are a class of drug commonly known as tranquilizers and sleeping pills.

#### Benzodiazepines

**Trade Names:** Centrax (Prazepam), Librium (Chlordiazepoxide), Paxipam (Halazepam), Restoril (Temazepam), Serax (Oxazepam), Tranxene (Clorazepate), Valium (Diazepam), Xanax (Alprazolam), Ativan (Lorazepam), Dalmane



(Flurazepam), Halcion (Triazolam), Klonopin (Clonazepam), Rohypnol (Flunitrazepam)

**Street Names:** Downers, sleeping pills, candy

**Route of Administration:** Tablet/capsule, injection, rectal  
**Uses:** Sedative-hypnotic, in-

#### The Drug-Free Workplace Advisor

is a resource of American Drug Testing, the Lowcountry's premier drug-free workplace administrator, and testing company.



Robert B. Dodenhoff  
President

Let us help you maintain a drug-free workplace. Contact us at (843)747-4111.

somnia, pre-anesthetic, antianxiety/panic disorder (anxiolytic), anticonvulsant, muscle relaxant, alcohol withdrawal syndrome

*“Confusion, slurred speech, “drunken” behavior, clumsiness, difficulty breathing, excitability, clammy skin, coma and death”*

**Effects:** Psychological - Drowsiness, sedation, dizziness, lightheadedness, depressed reflexes, stupor and coma; Physiological - Strong analgesia, respiratory depression, dilated pupils and decreased heart rate

**Overdose/Dangers/Risks:** Confusion, slurred speech, “drunken” behavior, clumsiness, difficulty breathing, excitability, clammy skin, coma and death.

**Tolerance:** Habit-forming.

**Metabolism:** Extensively metabolized with many active metabolites.

**Duration of action:**  
Onset - 30-60 minutes  
Duration - 12-24 hours  
Detection Time - Up to 7 days (up to 30 with chronic Use)

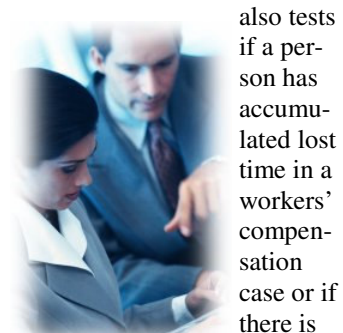
#### Water Industry Sees Benefits of Drug Testing

One of the fastest-growing trends among US companies is drug testing. According to the American Management Association, nearly 100 percent of Fortune 500 companies conduct pre-employment and random drug tests on employees. James Fuch is director of human resources for Culligan Water Conditioning, Minnetonka, MN, one employer that has found drug testing a valuable practice. He believes that drug testing is an essential tool in the hiring process.

“All of our job offers are conditioned upon successfully passing our drug test,” Fuch explained. “It’s simple. We want top-quality people servicing our customers.” All businesses, including water treatment and bottled water dealerships, want at least one thing: someone who is clean, trustworthy, and competent to represent their company. According to Fuch, drug testing is one way to achieve it.

When each potential employee comes in, they immediately get a copy of Culligan’s drug testing policy. As a result, 25 percent of the people who come into the dealership seeking employment never bother to complete the application — thus weeding out shoddy employees from the start. “Word

gets out on the street when you implement a testing program. It becomes pretty apparent that there’s no need to apply if you’re a drug user,” he said. In addition to pre-screening, Culligan also tests after an accident involving a company vehicle in which damages are greater than the deductible in the company’s auto insurance program. It



also tests if a person has accumulated lost time in a workers’ compensation case or if there is reason-

able suspicion of drug use. By implementing a drug testing program, an employer can create a safe environment for customers and employees.

#### Many benefits

Besides contributing to a positive work environment, drug tests help employers improve turnover rates, boost productivity, decrease employee lost-workday time, reduce workers’ compensation claims, and promote a drug-free workplace.

“The fact is that if you really implement the system it makes a difference in the quality of people you have coming into your business,” Fuch said.

Source: Water Technology Magazine